

CONSTRUCTIVIST PRACTICES THROUGH GUIDED DISCOVERY APPROACH: THE EFFECT ON STUDENTS' COGNITIVE ACHIEVEMENTS IN NIGERIAN SENIOR SECONDARY SCHOOL PHYSICS

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Abstract. The study investigated constructivist practices through guided discovery approach and the effect on students' cognitive achievement in Nigerian senior secondary school Physics. The study adopted pretest-posttest control group design. A criterion sampling technique was used to select six schools out of nine schools that met the criteria. A total of 278 students took part in the study; this was made up of 141 male students and 137 female students in their respective intact classes. Physic Achievement Test (PAT) with the internal consistency of 0.77 using Kuder-Richardson formula (21) was the instrument used in collecting data. The data were analyzed using Analysis of Covariance (ANCOVA) and t-test. The results showed that guided discovery approaches was the most effective in facilitating students'

achievement in physics after being taught using a pictorial organizer. This was followed by demonstration while expository was found to be the least effective. Also, there exists no significant difference in the achievement of male and female physics students taught with guided discovery, demonstration and expository teaching approaches and corresponding exposure to a pictorial organizer. It is recommended that physics teachers should endeavor to use constructivist practices through guided discovery approach in order to engage students in problem solving activities, independent learning, critical thinking and understanding, and creative learning, rather than in rote learning and memorization.

Keywords: constructivism, guided discovery, students' cognitive achievement, Physics

Introduction

The challenge in teaching is to create experiences that involve the student and support his own thinking explanation, evaluation, communication and application of the scientific models needed to make sense of these experiences. Hence, constructivism is a theory that suggests that learners construct knowledge out of their experiences which is associated with pedagogical approaches that promote learning by doing or active learning (Afolabi & Akinbobola, 2009). Constructivist teaching focuses on independent learning, creativity, critical thinking and problem solving. Constructivist teaching is based on the fact that skills and knowledge acquisition are not by passive receiving of information and rote learning but involve active participation of the learners through knowledge construction, hands-on and minds-on activities (Akinbobola & Ado, 2007).

Teacher roles in constructivist teaching is to serve as facilitator of learning in which students are encouraged to be responsible, autonomous and

construct their own understanding of each of the scientific concept. Hence, the activities are learner-centered, democratic and interactive. In constructivist classroom, the teacher facilitates and provides students with experiences that allow them to use the science process skills such as observing, measuring, classifying, communicating, inferring, using number, using space/time relationship, questioning, controlling and manipulating variable, hypothesizing, defining operationally, formulating models, designing experiment and interpreting data.

According to Inyang (1993), activity based science teaching allows students to explore their environment and discover nature. As such, a lot of inquiry prevails in the classroom, with the teacher acting as a motivator, getting from point-to-point to guide the learning of students and help them overcome difficulties. The teachers perform the role of a resource person who guides the learners to sources of information.

Nwagbo (1999) explains that in the guided discovery mode which is an example of constructivist learning is an approach to enquiry. On the other hand, the teacher provides illustrative materials for students to study on their own. Leading questions are then asked by the teacher to enable students think and provide conclusion through the adoption of the processes of sciences. Nwagbo believes that if the learner is allowed to discover relationships and methods of solution by him make his own generalizations and draw conclusions from them, he may then better prepared to make wider applications of the material learned. According to Ugwuanyi (1998), a learner is active in discovery leaning, and provides for individual differences as well as makes the process of learning to be self-sequenced, goal directed, with the goal perceived and the pace self-determined.

Demonstration is a teaching approach that links explanation with practice. Berkey (1975) explains that a good demonstration exercise helps students to understand the lesson very clearly, since they combine the senses of sight,

hearing and touching while learning. That is, it is a technique of teaching concepts, principles or real things by combining oral explanation with the handling or manipulation of real things. According to Urevbu (1990), demonstration is an approach of instruction which combines presentation and investigation. The purpose behind this approach of instruction may be outlined as follows: i) Apparatus is introduced to the student in such a way that he is able to understand its uses and limitations; ii) The student is encouraged to adopt by imitating the correct methods of use of the apparatus; iii) Time is saved and the number of teaching staff required to provide individual laboratory instruction is reduced; iv) The student is shown experiments which because of the danger, cost or complexity involved, he could not perform in the laboratory.

Expository teaching merely emphasizes presenting ideas and information meaningfully and effectively so that the learner can derive other meanings from what he is presented with. Expository teaching is sometimes called deductive teaching because the teacher often begins with a definition of the concepts or principles illustrate them and unfolds their implications. Factual information is most easily learned if it is organized and sequenced logically. Hence, the contents of material must be presented in a logical order, moving from generic to specific concepts, so that learners can form cognitive structures and encode new information. The expository approach is a teacher-centered, student-peripheral teaching approach in which the teacher delivers a pre-planned lesson to the students with or without the use of instructional materials.

Gbamanja (1991) observes that in using this approach, the teacher talks about science while the students read about science. However, the modern expository approach involves more than talking and reading about science, for it allows some interaction between the teacher and the students in terms of asking and being asked questions on the topic of discussion.

A pictorial organizer is a visual and graphic display that depicts the relationships between facts terms and /or ideas within a learning task. Pictorial organizer is a form of an advance organizer and is also sometimes referred to as knowledge maps, concepts maps, cognitive organizers or concept diagrams. According to Mayer (2003), the effects of advance organizers should be most visible for test that involve creative problem solving, because the advance organizer allows the learner to organize the material into a familiar structure. New information about a concept is filled into an existing framework of categories called “Schemes” that contain specific information about a concept. So, when prior knowledge is retrieved this schema provides a framework on which to attach new knowledge. If no previous knowledge is available, advance organizers are used to give knowledge to the students in order for this framework to be followed and new information retained for recall and transfer (Bromley et al., 1995).

Statement of the problem

For more than a decade now, the different instructional strategies employed in teaching physics have not improved students’ achievement in the subject to any appreciable extent. This mean that the most desire scientific and technological application of physics cannot be sustained. The implication is that the teaching of physics does not lead to students’ understanding of concepts, functionality and application of its ideas. Hence, the need is to find pedagogic approaches that promote active learning. What will be the effect of teaching approaches (guided discovery, demonstration and expository) on students’ cognitive achievement in Physics?

Purpose of the study

The study is designed to achieve the following specific objectives: (1) to investigate the effect of teaching approaches (guided discovery, demon-

stration and expository) on students' cognitive achievement in physics after being taught using a pictorial organizer; (2) to determine the effect of gender (Male and Female) on students' cognitive achievement in physics after being taught with (i) guided discovery (ii) demonstration (iii) expository teaching approaches and corresponding exposure to a pictorial organizer.

Research hypotheses

The following null hypotheses were formulated and tested at .05 level of significance: (a) there is no significant effect of teaching approaches (guided discovery, demonstration and expository) on students' cognitive achievement in Physics after being taught using a pictorial organizer; (b) there is no significant effect of gender (male and female) on students' cognitive achievement in physics taught with (i) guided discovery (ii) demonstration (iii) expository approaches and corresponding exposure to a pictorial organizer.

Research method

The research design adopted for this study was a non-randomize pre-test-posttest control group. The population for the study was made up of all the senior secondary two (SS2) physics students in the 12 co-educational secondary schools in Ife Central Local Government Area of Osun State. The size of the population was 852 senior secondary two (SS2) physics students. A total of 278 students took part in the study; this was made of 141 male students and 137 female students. Purposive sampling technique was used to select schools from the target population. The criteria are: 1) Schools that have well equipped and functional physics laboratories; 2) Schools that are currently presenting candidates for the Senior Secondary School certificate Examination (SSSCE) and have at least one professional graduate physics teacher with at

least three years of teaching experience; 3) School in which the concept of heat energy transfer has not been taught already.

Nine schools met the above criteria six schools among those that met the criteria were selected by balloting. The schools were randomly assigned to treatment and control groups. One intact class was randomly selected in each school.

The researchers made instrument, physics Achievement Test (Pat) comprised of 50- multiple choice items in the concept of heat energy transfer was used in collecting the data for the study. Each items had four option with only one correct answer and the correct answer was score 2marks. The Pat was validated by two physics education and their comment and corrections were incorporate into the final form of the instrument. The difficulty and discrimination indices of PAT items were 0.62 and 0.52 respectively. The PAT trial tested with 40 subjects who were not parts of the main study but who were found to be equivalent in all respects to the students used for the study. A reliability coefficient of 0.77 was obtained using Kuder-Richardson formula (21).

The pictorial organizer package was developed by the researcher and consisted of various charts, pictures and maps related to the concept of energy in term of forms of energy, source of energy, conversions of energy and application of energy conversion, which served as subsumer for the learning of heat transfer.

The variables of teacher quality were controlled by using research assistants who were the physics teachers in each school to teach each group. Detailed instructions with lesson plan on the concept of heat energy transfer were given to the researcher assistants during the training that was conducted for them in one week. Pre-test was administered to both the experimental and control groups and the results were used as covariate measures in order to take care of possible initial differences in groups. Two days after the administra-

tion of the pretest, pictorial organizer was introduced to the two groups (experimental and control groups) for 1hr 20 minutes (double period) in each class by the research assistants.

The teaching of the concept, heat energy transfer was done by the research assistants in each school from a well-articulated lesson package developed by the researcher for six (6) weeks. The lesson packages prepared by the researcher were used in order to standardize the concept that was taught by research assistants. The experimental group 1 was taught using guided discovery while the experimental group 2 was taught using demonstration. The control group was taught using expository teaching method. Immediate after the teaching of the concept of heat energy transfer, posttest was administered to the experimental and control group. The data obtained were analysis using t-test and analysis of covariance. All the hypotheses were tested at .05 level of significance.

Research procedure

The pictorial organizer was initially introduced to all the groups before treatment. This is to present students with context and conceptual frameworks that help students to arrange, integrate and retain material, other than specify content and detail. If no previous knowledge is available, the pictorial organizer will provide a frame work on which to attach knowledge. Learning is interactive, building on what the students already know. The experimental group I was taught with guided discovery. Using this approach, the teacher provides illustrative materials for students to study on their own. Leading questions are then asked by the teacher to enable students think and provide conclusion through the adoption of the processes of science. The teachers guide the students and help them to construct their own knowledge. The experimental group 2 was taught demonstration. In this approach, the teacher alerts the class of the purpose of the demonstration and explains the step-by step operations

that will be involved. Thereafter, he carefully carries out the demonstration and describes every step and action while students watch. The students are encouraged to adopt by imitation of the correct methods of the use of the apparatus. The experimental group 3 (control group) was taught with expository. In this approach, the teacher involves in the selection, organization and trans-lation of subject-matter in a developmentally appropriate manner. The teach-ing is deductive because the teacher often begins with a definition of the con-cepts or principles, illustrates them and unfolds their implications. The con-tents of material are presented in a logical order, moving from generic to spe-cific concepts.

Results

Table 1. *Descriptive of pretest, posttest and the mean gain scores*

Gender	Teaching Approaches	N	Pretest scores		Posttest scores		Mean Gain Score
			\bar{X}	S.D	\bar{X}	S.D	
Male	Guided Discovery Demonstration Expository	47	29.23	7.51	77.87	9.13	48.64
		49	28.74	7.92	69.80	10.40	41.06
		45	28.18	7.54	60.00	7.30	31.82
Total		141	28.72	7.62	69.36	11.57	40.64
Female	Guided Discovery Demonstration Expository	47	29.87	7.53	77.58	9.02	47.71
		44	29.82	7.32	68.64	10.10	38.82
		46	28.17	6.89	59.57	8.07	31.40
Total		137	29.29	7.24	68.66	11.70	39.37

As shown in Table 1, it was observed that the mean gain scores of male and female students taught with guided discovery were greater than the mean gain scores of male and female students taught with demonstration which in turn were greater than the mean gain score of male and female students taught with

expository after being exposed to a pictorial organizer. It was however observed that the mean gain score of male students (40.64) was greater than the mean gain score of female students (39.37)

Hypothesis Testing

Hypothesis One

There is no significant effect of teaching approaches (guided discovery, demonstration and expository) on students' cognitive achievement in physics after using a pictorial organizer.

The analysis is as shown in Table 2

Table 2. *One way Analysis of Covariance (ANCOVA) of post test scores of students taught with guided discovery, demonstration and expository using pretest scores as covariates*

Source of Variation	Sum of Squares	Df	Mean Square	F-cal	F-critical	Decision at p<.05
Pretest	18328.76	1	18328.76	775.44	3.89	*
Main effect	12560.77	2	6280.38	265.71	3.04	*
Explained	30889.53	3	10296.51	435.62	2.65	*
Residual	6476.42	274	23.64			
Total	37365.94	277	134.90			

* =Significant at p<.05 alpha level

Table 2 shows that the teaching approaches main effect was significant at p<.05. The calculated F-value of 265.71 is greater than the critical F-value of 3.04. Therefore, the null hypothesis stating a non-significant effect of teaching approaches (guided discovery demonstration and expository) on students' achievement in physics after being taught using a pictorial organizer was rejected. This implies that the three types of teaching approaches (guided discovery, demonstration and expository) differ significantly in their enhancement of the achievement of physics students after being taught using a pictorial organizer. Consequent upon the observed difference in the teaching

approaches, Multiple Classification Analysis (MCA) was considered to determine the index of relationship and also to determine the variance of the dependent variable (achievement) in physics that is attributable to the influence of the independent variable (teaching approaches) as shown in Table 3.

Table 3. *Multiple Classification Analysis (MCA) of the posttest scores of students taught with guide discovery, demonstration and expository teaching approaches*

Grand Mean =69.01	N	Unad-justed		Adjusted for Independent variable and covariates	
Variable + Category		Dev'n	Eta	Dev'n	Beta
Teaching approaches			0.63		0.58
Guided Discovery	94	8.71		8.14	
Demonstration	93	0.23		-0.02	
Expository	91	-9.23		-8.39	
Multiple R.=0.91					
Multiple R. Squared =0.83					

As shown from Table 3, the teaching approaches (guided discovery, demonstration and expository) have an index of relationship of 0.34 (0.58^2), hence the observed relationship in favor of teaching approaches, shows that the teaching approaches have a significant relationship 0.34 (Beta value of 0.58^2) with achievement of students in physics. Table 3 also shows a multiple regression index (R) of 0.91 with a multiple regression squared index (R^2) of 0.83. This implies that 83% of the total variance in the achievement of students in physics is attributable to the influence of teaching approaches after being exposed to a pictorial organizer.

To find the direction of significance under investigation, the posttest scores were subjected to Scheffe Multiple Comparison test for a post hoc analysis as shown in Table 4.

Table 4. Result of Scheffe’s post hoc test for multiple comparisons of teaching approaches on students’ achievement in physics

Dependent Variables: POST TEST SCORES						
(I) Teaching approaches	(J)Teaching approaches	Mean difference (I-J)	Std. error	Sig.	95% confidence lower bound	Interval upper bound
GDY	DEM	8.48*	1.322	.000	5.22	11.73
	EXP	17.94*	1.330	.000	14.67	21.22
DEM	GDY	-8.48*	1.322	.000	-11.73	-5.22
	EXP	9.47*	1.333	.000	6.19	12.75
EXP	GDY	-17.94*	1.330	.000	-21.22	-14.67
	DEM	-9.47*	1.333	.000	14.67	21.22

*The mean difference is significant at the .05 level; GDY=Guided discovery; DEM=Demonstration; EXP= Expository.

As shown in Table 4, the mean difference between GDY and DEM was 8.48, between GDY and EXP was 17.94, and between DEM and EXP was 9.47. This implies that guided discovery is the most effective in facilitating students’ achievement in Physics after being exposed to a pictorial organizer. This is followed by demonstration while expository is seen to be the least effective in facilitating students’ achievement in physics after being exposed to a pictorial organizer.

Hypothesis Two

There is no significant effect of gender (male and female) on students’ achievement in physics taught with (i) guided discovery (ii) demonstration (iii) expository teaching approaches and corresponding exposure to a pictorial organizer. The analysis is as shown in Table 5.

Table 5. t-test comparison of posttest mean scores of male and female students taught with guided discovery

Gender	N	— X	S.D.	DF	t-cal.	t-critical	Decision at p<.05
Male	47	77.87	9.13	0.16	92	1.98	NS
Female	47	77.57	9.02				

NS = Not significant at P<.05 alpha level

The analysis in Table 5, shows that the calculated t-value of 0.16 is less than the critical t-value of 1.98 at P<.05. Therefore, the null hypothesis stating a non significant effect of gender (male and female) on students' achievement in physics taught with guided discovery and corresponding exposure to a pictorial organizer was retained. This implies that gender does not significantly influence students' achievement in physics when the students are taught with guided discovery and corresponding exposure to a pictorial organizer.

Table 6. t-test comparison of posttest mean scores of male and female students taught with demonstration

Gender	N	— X	S.D.	DF	t-cal.	t-critical	Decision at p<.05
Male	49	69.80	10.40	91	0.55	1.98	N.S
Female	44	68.64	10.10	8			

NS = Not significant at p<.05 alpha level

The analysis in Table 6, shows that the calculated t-value of 0.55 is less than the critical t-value of 1.98 at p<.05. Therefore, the null hypothesis stating a non significant effect of gender (male and female) on students' achievement in physics taught with demonstration and corresponding exposure to a pictorial organizer was retained. This implies that gender does not significantly influence students' achievement in physics when the students are

taught with demonstration and corresponding exposure to a pictorial organizer. The analysis is as shown in Table 7

Table 7. t-test comparison of achievement mean scores of male and female students taught with expository

Gender	N	\bar{X}	S.D.	DF	t-cal.	t-critical	Decision at $p < .05$
Male	45	60.00	7.30	89	0.27	1.98	N.S
Female	46	59.57	8.07	8			

NS = Not significant at $P < .05$ alpha level

The analysis in Table 7 shows that the calculated t-value of 0.27 is less than the critical t-value of 1.98 at $P < .05$. Therefore, the null hypothesis stating a non significant effect of gender (male and female) on students' achievement in physics taught with expository and corresponding exposure to a pictorial organizer was retained. This implies that gender does not significantly influence students' achievement in physics when the students are taught with expository and corresponding exposure to a pictorial organizer.

Discussion of results

The result of hypothesis one as shown in Table 2 indicated that a significant difference was found to exist in the achievement of students in physics taught with guided discovery, demonstration and expository after being exposed to a pictorial organizer. Multiple Classification Analysis (MCA) as shown in Table 3 indicated that 83 % of the total variance in the achievement of students in physics is attributed to the influence of teaching approaches after being exposed to pictorial organizer. The Scheffe's post hoc analysis as shown in Table 4 indicated that guided discovery was the most effective in facilitating students' achievement in Physics after being exposed to a pictorial organizer. This was followed by demonstration while expository was seen to be the least effective.

The findings might be due to the stability and clarity of the anchoring ideas that the pictorial organizer provided in the cognitive structure of the physics students and it seemed to make students to remember more conceptual ideals and was able to relate the test to prior knowledge. The findings tally with the results of Onwioduokit & Akinbobola (2005) that a pictorial organizer is one of the most effective in facilitating students' achievement and retention of materials taught in physics among different types of advance organizers. Also, the constructivist view of learning point towards a numbers of different teaching practices. It usually means encouraging students to use active techniques (guided discovery and demonstration) to create more knowledge and then to reflect on and talk about what they are doing and how their understanding is changing. The teacher makes sure he understands the students' preexisting conceptions (through pictorial organizer), and guides the activity to address them and then build on them.

Constructivist teaching is based on the facts that learning occurs as learners are actively involved in a process of meaningful and knowledge construction rather than passively receiving information. Learners are the makers of their own learning. Hence, it fosters independent learning, creative thinking and motivates learning. This research study supports those of earlier studies of Bundrick (1968), Kersh (1998), Omwirhiren (2002), and Akinbobola (2006) that the guided discovery approach was effective in enhancing the achievement and retention of students in science subjects. This finding might be due to the fact that guided discovery has the benefit of increasing intellectual potency by enhancing the learner's ability to organize and classify information. Information imbibed through guided discovery becomes firmly embedded in the cognitive structure of the learner thereby facilitating retrieval.

The study is in agreement with position of Onyejiaku (1987) who opined that in the learning process involving reacting, doing and experiencing

such as demonstration, information is better registered because the hearer sees the instructor demonstration strategy over expository strategy.

The results of the investigation as shown in Tables 5-7 indicated an insignificant effect existing between the achievement of male and female physics students taught with guided discovery, demonstration and expository teaching approaches and corresponding exposure to a pictorial organizer. This may be so because any good teaching approach adopted in the teaching of physics does not discriminate between the sexes. Also, applying appropriate teaching approaches. Also, applying appropriate teaching approaches can help both male and female students learn and remember facts, apply skill, comprehend concepts, analyze and synthesize principles which are cognitive objective for physics education. Also, the enthusiasm exhibited by both male and female students who showed equal zeal when they were taught using a pictorial organizer may have led to equal performance at given tasks. This might be due to the fact that both male and female students interact with each other freely in groups and have led to increasing the depth of understanding, enhancing motivation, developing positive attitude toward later use of material presented in the course, develop problem solving skills and generating greater involvement of both male and female students with the concept.

The result is also consistent with the findings of Leinhardt et al. (1979), Akinbobola (2006), Akinbobola (2008) and Afolabi & Akinbobola (2009) that show no significance difference in the mean performance between boys and girls in the manipulation of the same instructional materials as well as in their rate of contribution and class participation. He noted that every child, both male and female must be given the opportunity to display his/her manipulate ability as fully as possible, be he quick or slow, deep or superficial in thinking, once they are taught with the same teaching approach. This is because a good performance of student depends on his interest as well as the techniques used by the teacher and the types of instructional materials in-

volved, in that two students taught under different conditions normally perform differently.

Conclusion and implications

A pictorial organizer enhances students' achievement in physics. Guided discovery is the most effective in facilitating students' achievement in physics after being taught using a pictorial organizer. This is followed by demonstration while expository is found to be the least effective. Also, there exists no significant difference in the achievement of male and female physics students taught with guided discovery, demonstration and expository teaching approaches and corresponding exposure to a pictorial organizer.

The findings of this investigation have implications for improvement of science and technology in Nigeria. The guided discovery approach has been found in this study to be the most effective in the achievement of students in physics. Therefore, the sustenance of students' interest in science and technology can be achieved by the adoption of the guided discovery approach of instruction which, if well planned, can encourage and motivate the student to practice and apply the scientific knowledge gained to new situation by making use of the process skills of science. This could lead to the acquisition and development of technology in the country. Through self-discovery, students will be able to develop more positive attitude towards learning skills and also, it will enhance learning outcomes through hands-on and minds-on activities.

Recommendations

Based on the results of the study, the following recommendations were made: (1) Physics teachers should endeavor to use constructivist practices through guided discovery approach in order to engage students in thinking understanding and creative learning, rather than on rote learning and memorization; (2) Federal, State and Local Government should upgrade the infra-

structures and equip laboratories in order for the students to be actively involved in their learning; (3) Physics teachers should always improvise simple basic laboratory material for effective use in hands-on strategies, in the absence of standard laboratory materials; (4) Physics students should be engaged in laboratory activities for meaningful acquisition of scientific knowledge, processes and ethics; (5) Physics teachers should make all their lessons problem-oriented, because students always show interest when they are faced with a puzzle; (6) Curriculum planners for senior secondary school physics should as a matter of priority incorporate pictorial organizer in curriculum development and physics teachers should explore the use of pictorial organizers in teaching various concepts at senior secondary school level.

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